



Beat of the Drum

Bear | Elective

Complete requirement 1 plus two others from requirements 2-4

1. Learn about the history and culture of American Indians or other indigenous people who lived in your area long ago.

Long before Georgia was ever a state, these lands were inhabited by many Native American Tribes. Their culture is a vital part of our state's history. Many of our towns, counties, rivers and roads remain named in honor of the rich civilization that ruled North and South America before the white settlers arrived hundreds of years ago. Take 15 minutes to watch this video and learn more about the Native Americans from our area of the country:

<https://www.youtube.com/watch?v=2fVX-2o5YY4> Once you've completed it, check off the requirement in your [Beat of the Drum Bear Adventure Worksheet](#).

3A. Make a dream catcher.

Long ago, the Ojibwe (pronounced o-JIB-way) people created dream catchers to hang over the beds of people who were sleeping, especially children. They believed the night air held dreams, both good ones and bad ones. The dream catcher would let good dreams get through to the sleepers. Bad dreams would get caught in the dream catcher's web and would disappear at daybreak. The following link will provide the instructions to build a simple, paper plate dream catcher with craft items you likely already have at home:

<http://smashedpeasandcarrots.com/easy-paper-plate-dream-catcher-tutorial/>. Once you have crafted your own dream catcher, share this story with someone you care about and give them your work of art. And don't forget to mark off item 3A in your [Beat of the Drum Bear Adventure Worksheet](#).

4C. Learn and demonstrate ceremonial dance steps.

Watch this video made by the Cradle of Liberty Council that demonstrates the "Southern Straight Dance", a form of Native American Pow Wow dancing:

<https://www.scouting.org/programs/cub-scouts/den-meeting-resources/den-leader-tips-tricks-video-series/#video-gallery-d110865-20>. This dance recounts the story of hunting or war parties searching for the enemy. After watching the video, practice the dance steps so that you can perform it for your Den or trusted adult. Once you have finished, log your progress on requirement 4C of your [Beat of the Drum Bear Adventure Worksheet](#).

Uh oh! If the links aren't working, please [click here](#).

