PROGRAM OVERVIEW – ULTIMATE ZONE AT WOODRUFF

The Program for Ultimate Zone program is for experienced Scouts who desire additional outdoor challenges, both physically and mentally. The trek is designed to provide senior Scouts (Age 14 and older, or 13 and having completed the 8th grade) a challenging, action-packed experience that will further enhance personal growth and develop leadership skills. Participants will leave Woodruff Sunday evening and return Friday afternoon.

The Activities & Schedule - Activities for this week-long adventure may include: rafting both the Nantahala and Ocoee rivers, backpacking, horseback riding, climbing, rappelling, ropes work, canoeing, and mountain biking. Note: The Ultimate Zone schedule could be subject to change based on many variables. This could be the weather, individual participant ability, trek specific situations, along with policies of the US Forestry Service & the National Parks Service. We can only assure you will complete a fantastic and challenging experience.

Adults – Adults are encouraged to participate in the Ultimate Zone. The Ultimate Zone will provide an excellent opportunity for unit leaders to observe youth, learn the importance of the patrol method and have fun. Note – this program is designed for scout age youth, and may include time for field sports and other games. Be prepared from some 'down time.'

Physicals/Equipment/Fees - A current physical is required for all participants. No additional fees above or beyond the camp fee apply for youth participants. There is an adult participation fee. Refer to fee section for details. All participants must pay close attention to the provided packing list (appendix) and pass the swimmers test at Woodruff Scout Reservation during the current season. The swim test must be completed before the waterfront closes on Sunday.

Advancement – While this is not an advancement oriented program, it is possible for Ultimate Zone Participants to complete some requirements in various merit badges. No formal advancement reports will be provided for ultimate zone. Scouts wishing to claim merit badge credit for Ultimate Zone activities should work with their Woodruff UZ staff advisor and adult leader(s) to make sure the proper credit is noted.

Note - The Ultimate Zone Program is made available through an independent outfitter and is not conducted by the Boy Scouts of America. A Woodruff Staff member accompanies the trek participants during the entire trek.

Note: White Water Express Wavier Forms must be completed and brought with you when you arrive at this activity.

Ultimate Zone Schedule (Preliminary)

Sunday
- Check in at Woodruff
- Dinner
- Meeting at 7:15 pm – Main Pavillion
- Woodruff Campfire
- Depart

Monday
- Horseback
- Mountain Biking
- Climb / Rappel

Tuesday
- Backpacking

Wednesday
- Backpacking
- Ropes Course

Thursday
- Nantahala River

Friday
- Raft the Ocoee River
- Back to Woodruff

Equipment List Ultimate Zone Scouts

For Backpacking:
Backpack
Tent - lightweight
Sleeping bag
Sleeping pad (if desired)
Hiking boots
Hiking socks (2-3 pairs)
Camp shoes
Personal toiletries
Changes of clothes
Pack towel
Rain gear
Toilet paper
Matches
Flashlight
Plate
Cup, Spoon, Fork
Personal 1st Aid Kit
Trail mix (NOT candy)
Note: Cook stove & cooking equip. will be provided.

For Base Camp:
Note: Bring the base camp items packed separately in small duffel.
Soap, Toothpaste, Toothbrush
Three (3) changes of clothes
Towel
Long pants – for climbing
Bathing suit / Rafting clothes
Tennis shoes / river shoes

Do NOT bring:
Large knives, hatchets, or axes
Radios or other electronics